


Lakewood Park
ACTIVE LIVING

Saturday June 15	Yoga	9-10am
Thursday June 27	Tai Chi	7-8pm
Saturday June 29	Vinyasa Yoga	9:30-10:30am
Thursday July 11	All Levels Yoga	7-8pm
Saturday July 20	Qigong Tai Chi	5pm
Sunday July 28	All Levels Yoga	8:30-10:30am



 "Active Living in the Parks" Event Area
* LOOK FOR YOUR ACTIVITY PROVIDER WITHIN THE YELLOW BOUNDARY. *