

Lakewood Resiliency Task Force



Objective Category: Food – Nurturing people’s health and happiness.

First Draft: September 25, 2018

Our Purpose Statement:

To understand current and emerging forces that can impact Lakewood and the wellbeing of its citizens. Examining environmental, political, social and economic forces through the lens of resiliency, the Task Force will pursue and recommend systemic process enhancements that will allow Lakewood to identify, prioritize, execute and measure solutions that will lead to a continuously improving and thriving city for all, especially the most vulnerable among us, for generations to come.

Indicators of the “Current State” in Lakewood:

- Full Service Grocery – 4**
- Discount Stores – 4**
- Specialty / Ethnic Grocers – 4**
- Community Gardens – 0.77 acres (Cove, Madison, Webb, and Kaufmann Parks)**
- Free Community Meals - 19**
- Fast Food Restaurants - 16**
- Households receiving SNAP – 3,371 (13.8%)[Census 2016]**
- Home Delivered Meals – 23,543 in 2017 [Human Services Dept.]**
- Meals at Senior Center – 18,607 in 2017 [Human Services Dept.]**
- Pounds of Food Distributed – XX [Community Services Center]**
- How many home gardens?
- How much locally-sourced food is available?
- How many restaurants buy local food?
- % students receiving free or subsidized lunches or breakfasts?
- Food rescue program to take unused food from groceries and restaurants
- Number of cooking classes/demos for residents and school children
- Amount spent at farmers markets or CSAs
- Availability of food for those w/restrictions or allergies
- Hours food bank is open
- Access to grocery stores, especially disabled and elderly
 - o Distance/transportation issues w/ getting to grocery store
- Soil health
- Food sharing/community meals for all (not just underserved)
- Presence of Blue Apron-type services in Lakewood
- Number of fast food chains

Relevant highlights from previously adopted City of Lakewood Plans:

- Vision – Wellness** “Provide opportunities for residents to become more health literate”
- Vision – Wellness** “Ensure that all residents have convenient access to healthy, affordable food”
- Vision – Wellness** “Provide policy support, such as inclusion in the zoning code, for urban agriculture”
- Vision – Wellness** “Reduce obesity rates by promoting active lifestyles and ensuring that nutritious food options are readily available”
- Vision – Commercial Development** “Support local business growth and entrepreneurship”
- Parks Master Plan** – “Utilize the existing community gardens as blueprints to expand to other parks”
- Birdtown Action Plan** – “Urban Garden Block Program - Each household on the block is given access to a plot at an urban garden, with one garden per street”

Systems Level Connections to other Priorities:

- Energy:** Use of renewable energy for urban ag systems.
- Wellness:** Access to fresh produce; increased activity levels through gardening
- Prosperity:** Opportunity for small business development; restaurants marketing “local” to draw clientele
- Living Infrastructure:** Urban ag programs in city green spaces and integration of water systems (storm water/rain water)
- Resource Regeneration:** Food waste diverted to energy production, composting. Reduced carbon emissions (less VMT delivering food from out-of-region sources)
- Security:** Increased food security

Current and Proposed Projects and Programs in Lakewood:

- Pollinator Corridor – Backyard Pollinators
- Backyard chickens
- Keep Lakewood Beautiful program
- What will Amazon/Whole Foods do?
- Use institutions to max buying power & economics of scale
- Programs to address alcohol, smoking, etc
- Healthy food affordability initiatives

Objective Category: Food**Primary Goal or Objective: (the change we seek):****Illustrative indicators, baseline measurements and performance targets:**

- 1.) Local food / CSA programs - # of resident gardens
- 2.) Education
- 3.) Free/reduced lunch

Strategies and Interventions, Projects and Programs to meet the targets:

- Define “Local” food
- Food delivery service
- Kits for gardeners and composters
- Sourcing of public school meals

Necessary and desirable stakeholders and partners, within Lakewood and beyond Lakewood:**Required changes to Policies and Procedures****Resources required vs. resources available and the time frame:**