



Lakewood Programs and Activities

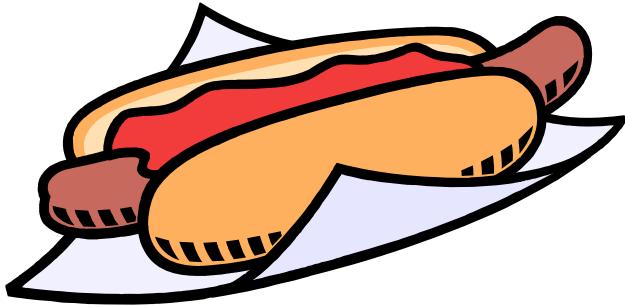
Monthly Calendar

Lakewood Department of Human Services
Division of Aging

May 2019

Spring is here
at last

Hotdog cookout



Thursday, May 30th
10:00 AM – 1:00 PM

Woman's Club Pavilion
Lakewood Park

Suggested donation
\$1.00 for lunch - \$3.00 for Transportation

Today is all about getting outside and enjoying the park in the spring. Take a walk on the paved walking path. Enjoy the scenic walkway down by the lake. Maybe you would prefer sitting on the swing overlooking the water. Or maybe you would just like to stake out a place in the playground area and watch the kids have fun.

We will enjoy hotdogs fresh off the grill, along with other spring and summer treats. After lunch, we will have a few fun games of Card bingo.

Call Activities at 216-529-5005 for information or to reserve by Wed. May 22nd.

Shout-Out to Lakewood's Mind Challenge Team

On April 11th, Lakewood was narrowly beaten by a strong Rocky River Team. We came in **THIRD** in the overall competition out of 21 Greater Cleveland teams, winning \$1000.00 for the senior center.

Way to go Lakewood!!



Save the date....

The Annual Senior Picnic

Friday, July 12th
10:00 AM – 1:00 PM

Kiwanis Pavilion, Lakewood Park






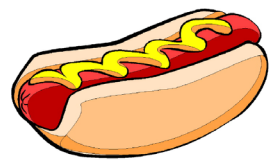
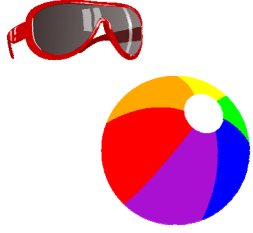
This party is our highlight of the summer, with entertainment provided by Holly Prather, music of the '50's, '60's and '70's.



May 2019

Special Activity Calendar (E – East W – West)



Monday	Tuesday	Wednesday	Thursday	Friday
<p>OSHIP Medicare Counseling Get your Medicare / Social Security questions answered. Ohio Senior Health Insurance Information Program staff will help to get your questions answered quickly.</p> <p>Tues. May 14th, - 10:00 AM to 3:00 PM Call 216-521-1515 for an appointment.</p>		<p>1 9:00 BP Clinic – - O'Neill's HC – W 10:00 Benefits Check-W 11:00 Risk to Fall Presentation – W 12:30 "Batman" Bingo – W 1:00 Aldi's trip – W/E</p>	<p>2 2:45 Low Vision Shopping - W</p>	<p>3 12:45 Marc's trip – E 2:00 Jazzercise – Womans Pavilion</p>
<p>6 10:00 Activities Committee – W 1:00 Rock and Roll History Class – W 1:00 LCSC Food Distribution – W</p>	<p>7 10:30 Line Dancing class – W 12:30 Senior Chefs - W Special Cinco De Mayo Sr. Chefs</p> 	<p>8 9:00 BP Clinic – - St. John Medical – W - Hospice of WR – E 9:00 Atty. Karl – W 10:15 Day of Puppetry–E/W 12:30 ""Parents Day" Bingo-W</p>	<p>9 1:00 Movie: "Life is Beautiful" – W 1:00 Bereavement Group - W</p>	<p>10 9:00 Happy Walkers stay at the mall – W 9:00 NOSCD Group - W 10:30 LCCC Story Hour - W 1:00 Ice Cream Trip - W</p>
<p>13 9:45 Nutrition Site Council – W 1:00 Rock and Roll History – W 1:00 Walmart trip - W</p>	<p>14 9:00 Computer Tech Assistance – W 10:00 OSHIP Medicare Counsel-W 12:15 "Million Dollar Quartet – W/E 3:00 Commission on Aging - W</p>	<p>15 9:00 BP Clinic – - Eliza Jennings – W - Callos HC – E 10:45 Trinity Brownbag Concert – W/ E 12:30 "Selfie" Bingo - W</p>	<p>16 9:00 Living in the Digital World Expo – From W 2:45 Low Vision Shopping - W</p>	<p>17 1:00 Marc's trip – W 2:00 Jazzercise – Woman's Pavilion</p> 
<p>20 11:00 Lunch Bunch Winking Lizard 14018 Detroit</p> 	<p>21 10:30 Line Dancing class – W 1:00 Decorate the Center for the Season Party - W</p> 	<p>22 9:00 BP Clinic – - Callos HC – W 10:00 Benefits Check-W 11:00 Healthy Eating Presentation – W 12:30 "Turtle" Bingo - W</p>	<p>23 1:00 Movie: "Bride Wars" - W</p> 	<p>24 9:00 Cleveland Orchestra Concert – W 9:00 NOSCD Group – W 2:00 Jazzercise – Rocky River</p>
<p>27 Centers closed in honor of the Memorial Day Holiday. No Home Delivered Meals served.</p>	<p>28 10:30 Make It and Take It craft - W</p>	<p>29 No BP Clinic today 10:30 Book Discussion Club – W 12:30 "Stars and Stripes" Bingo - W</p>	<p>30 10:00 Hot Dog Cookout – Woman's Pavilion</p> 	<p>31</p> 

Monday

8:30 Self-serve Breakfast
12:30 Sittersize with Patty– Lawther Center (West)

Tuesday

10:00 Sewing Knitting Crocheting Group-Lawther
10:00 Exercise at the YMCA
12:30 Radio Shows of Yesteryear - Lawther
1:00 Poker – Lawther Center

Wednesday

8:30 Self-serve Breakfast
9 -11 Blood Pressure Screen
– 1st / 2nd / 3rd / 4th Wednesday - Lawther Center
– 2nd / 3rd Wednesday - Center East
9:30 Craft Group – Lawther Center
10:30 WOW (Watch Our Weight) – Lawther Center
12:30 Bingo- Lawther Center
1:00 Poker – Lawther Center

Thursday

10:30 Humanities/Current Events - Lawther Center
12:30 Scrabble Group – Lawther Center
12:45 Tai Chi – Lawther Center

Friday

9:00 Walking Club- Great Northern Mall
10:30 Scrapbooking Group – Lawther Center
12:30 Chair Yoga – Lawther Center
1:00 Poker – Lawther Center
1:00 Art Therapy/North Coast – Lawther Center
2:00 Jazzercise at Lakewood Park – 1st / 3rd Fridays

**Grocery Shopping with
Lakewood Division of Aging**

The Division of Aging offers bi-weekly shopping trips to Giant Eagle, 14100 Detroit Ave. Tuesday and Thursday afternoons.

Call the Division of Aging at 216-521-1515 for more information or to sign up.

This program is made possible through a generous grant from The Giant Eagle Foundation.

New Beginnings Bereavement Group

The Lakewood Division of Aging and Hospice of the Western Reserve are pleased to offer another in our series of quarterly bereavement workshops. New Beginnings will offer tips and strategies for dealing with loss. Share with some people who really do understand.

Coffee and refreshments will be served

Thursday, May 9, 2019

1:00 PM – 3:00 PM

Lawther Center, 16024 Madison Ave.

Call the Activities Office at 216-529-5005 for information or to reserve your seat.

After Lunch, Let's Get Some Ice Cream!

This month, we will visit....

**Sweet Moses
Sodas & Treats**
6800 Detroit Rd.



It's ice cream trip season again!!! We will start with a crowd favorite. Sweet Moses has a wide assortment of ice cream and other sweet treats.

Friday, May 10, 2019

1:00 PM – 2:00 PM

Leaving Lawther and Center East

Suggested donation of \$3.00 for transportation
You are on your own for your treat.

Next month, we will be heading to



Malley's Chocolates
14822 Madison Ave.

Friday, June 14th after lunch

Join us for our newest center activity....

Line Dancing

Who knew getting some exercise could be so much fun! Get together with friends as you scoot those boots

**First and third Tuesdays
10:30 AM to 11:15 AM
Craft Room**

Lawther Center, 16024 Madison Ave.

Call 216-529-5005 for info on LDOA programs.



The World Day of Puppetry



Learn about the fascinating and ancient art of puppetry. Puppets have delighted children and adults through the ages. Enjoy a show performed by professional puppeteers. Following the performance, take part in a guided tour of the exhibit. Each puppet is an intricate work of art.

Wednesday, May 8, 2019

Leaving Lakewood 10:15 AM for 11:00 performance.
(Performance and tour will conclude by 1:00 PM.)
Cleveland Public Library, 325 Superior Ave.

Kathleen and Robert Lawther Center - West, 16024 Madison Ave – 216-521-1515

Senior Center East Nutrition Site, 12400 Madison Ave – 216-529-6109

Transportation to luncheon sites, special events **216-521-1288**

for medical appointments, call **Senior Transportation Connection 216-265-1489**

Nutrition Information on Congregate Meals & Home Delivered Meals, call **216-529-5000**

Volunteer Services, Programs and Activities: Call **216-529-5005**.

Social Work / Outreach: Call **216-521-1515**

Visit the City of Lakewood website at www.onelakewood.com.

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A Gentle Reminder to all Participants of Lakewood Division of Aging

We would appreciate it if you would consider the following suggested donations:

➤ A ride on the Division of Aging bus to the senior center and/or Giant Eagle \$3.00 Round trip.

➤ Lunch: \$1.00 per day. **Thank you for your support**

Have You filled out your PIF yet?

All Division of Aging participants must complete a Participant Intake Form annually. Services and activities include Congregate / Home-Delivered-Meals, Transportation, Activities, Programs, Volunteers and Supportive Services. This information is required by our funders. Please make sure forms are fully complete. Contact the Social Work Office at 216-521-1515 with questions or concerns.

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The Lakewood Division of Aging's services are funded in part by a Title III grant under the Older Americans Act, administered by the Ohio Department of Aging through the Western Reserve Area Agency on Aging; Cuyahoga County through the Health and Human Services levy; Program Donations. It is the policy of the City of Lakewood that there shall be no discrimination on the basis of race, religion, color, age, sex, national origin, sexual orientation or disability.

Kathleen and Robert Lawther Center (West)
16024 Madison Ave
Lakewood, Ohio 44107

Cleveland Orchestra Matinee Concerts



We leave Lakewood at 9:00 AM. Enjoy a light breakfast at 9:45 AM, followed by a pre-concert talk at 10:00 AM. The performance begins at 11:00 AM and lasts an hour.

\$27.00 to be paid four weeks prior to the concert.
Call Activities at 216-529-5005 for more info.

Friday, May 24th – 9:00 AM

Grieg's Peer Gynt

Grieg: Suite from Peer Gynt
Strauss: Aus Italien (From Italy)

Living in the Digital World

A computer and technology conference for seniors.

Exhibitors, two computer tech classes, breakfast and lunch provided.

Preregister now to get your seat on the bus.



Thursday, May 16, 2019

9:00 AM (Leaving Lakewood) till 2:00 PM.

Don Umerley Civic Center
21016 Hilliard, Rocky River

This workshop is free. Suggested donation of \$3.00 for transportation.



The Lakewood Division of Aging is offering transport to free Concerts at Trinity Cathedral.

Wednesday, May 15th at 12:00 PM
Gala Finale concert with Horst Buchholz

With organ, harpsichord and cello

Leaving Lakewood at 10:45 AM
\$3.00 suggested donation for transportation

Division of Aging box lunches available.
Suggested donation: \$1.00.

Box lunch reservations must be made no later than Wednesday, May 8th.

Questions? Call Activities at 216-529-5005.

The Lakewood Division of Aging and Care Source present:

Rock and Roll History: "The King Lives!"



With "The Doc of Rock 'n Roll", Dr. Joel Keller
We will wrap up the loose ends of last fall's class, reviewing the folk styles of Bob Dylan, Crosby, Stills and Nash and several others.

The rest of this four-week class will focus on the life and music of "The King", Elvis Presley. His music can be divided into three parts: 1950 through 1958, when he was drafted. Elvis in the movies, and late Elvis: 1965-1977. We will track his career and play many of his "Top 40" hits.

Lawther Center
16024 Madison Ave.

4 Mondays,
April 22, to May 13, 2019
1:00 PM to 2:00 PM



Please pre-register by calling the Division of Aging Activities Office at 216-529-5005.

Special thanks to Care Source for their generous sponsorship of this program.

**GREAT
LAKES
THEATER**

Great Lakes Theater
Senior Matinee Series presents

Million Dollar Quartet

Tuesday, May 14, 2019 - 1:30 PM showtime
Hanna Theater, Playhouse Square
Leaving Lakewood at 12:15 PM
Senior Group Rate: \$20.00
Transportation Donation \$3.00

On December 4, 1956, Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley found themselves together in a Memphis recording studio. The historic jam session that resulted was electrifying. Step back in time to experience this irresistible tale. Featuring powerhouse performances of rock, R&B and country hits.

